

Urban Population Density: Domestic Migration 2020-2023
Gaining and Losing Counties in Major Metropolitan Areas

	Urban Density: Gaining Counties	Urban Density: Losing Counties	Difference	Percentage Difference	2023 Population
Atlanta, GA	1,186	2,617	1,431	-54.7%	6,307,261
Austin, TX	2,546	3,000	455	-15.1%	2,473,275
Baltimore, MD	1,670	5,009	3,339	-66.7%	2,834,316
Birmingham, AL	1,167	1,554	387	-24.9%	1,184,290
Boston, MA-NH	1,118	7,569	6,452	-85.2%	4,919,179
Buffalo, NY		2,794			1,155,604
Charlotte, NC-SC	1,362				2,805,115
Chicago, IL-IN	2,032	5,374	3,343	-62.2%	9,262,825
Cincinnati, OH-KY-IN	1,487	2,676	1,189	-44.4%	2,271,479
Cleveland, OH	1,849	3,033	1,184	-39.0%	2,158,932
Columbus, OH	1,981	3,387	1,406	-41.5%	2,180,271
Dallas-Fort Worth, TX	2,471	3,703	1,231	-33.3%	8,100,037
Denver, CO	2,580	4,932	2,352	-47.7%	3,005,131
Detroit, MI	1,266	3,069	1,804	-58.8%	4,342,304
Fresno, CA	3,535	4,501	966	-21.5%	1,180,020
Grand Rapids, MI	1,641	2,257	616	-27.3%	1,162,950
Hartford, CT					1,151,543
Honolulu, HI		5,388			989,408
Houston, TX	2,092	3,620	1,528	-42.2%	7,510,253
Indianapolis, IN	1,897	2,733	836	-30.6%	2,138,468
Jacksonville, FL	1,655				1,713,240
Kansas City, MO-KS	1,777	2,147	370	-17.2%	2,221,343
Las Vegas, NV	4,927				2,336,573
Los Angeles, CA		7,072			12,799,100
Louisville, KY-IN	1,476	2,726	1,250	-45.9%	1,365,557
Memphis, TN-MS-AR	1,343	2,269	926	-40.8%	1,335,674
Miami, FL	3,148	6,359	3,212	-50.5%	6,183,199
Milwaukee, WI	1,584	4,176	2,593	-62.1%	1,560,424
Minneapolis-St. Paul, MN-WI	1,920	3,507	1,586	-45.2%	3,712,020
Nashville, TN	1,508	2,350	842	-35.8%	2,102,573
New Orleans, LA	2,547	4,128	1,582	-38.3%	962,165
New York, NY-NJ	2,312	31,397	29,085	-92.6%	19,498,249
Oklahoma City, OK	1,800	2,352	551	-23.4%	1,477,926
Orlando, FL	2,119	3,002	882	-29.4%	2,817,933
Philadelphia, PA-NJ-DE-MD	1,916	11,305	9,389	-83.1%	6,246,160
Phoenix, AZ	3,256				5,070,110
Pittsburgh, PA	1,385	2,237	852	-38.1%	2,422,725
Portland, OR-WA	2,986	4,954	1,968	-39.7%	2,508,050
Providence, RI-MA	1,851	3,454	1,603	-46.4%	1,677,803
Raleigh, NC	1,612				1,509,231
Richmond, VA	1,179	2,642	1,462	-55.4%	1,349,732
Riverside-San Bernardino, CA	3,354	3,496	142	-4.1%	4,688,053
Rochester, NY	1,434	2,487	1,053	-42.3%	1,052,087
Sacramento, CA	2,487	4,845	2,358	-48.7%	2,420,608
Salt Lake City, UT	2,362	3,915	1,553	-39.7%	1,267,864
San Antonio, TX	2,272				2,703,999
San Diego, CA		4,349			3,269,973
San Francisco, CA		8,960			4,566,961
San Jose, CA	3,764	6,072	2,308	-38.0%	1,945,767
Seattle, WA		4,100			4,044,837
St. Louis, MO-IL	1,980	3,519	1,539	-43.7%	2,796,999
Tampa-St. Petersburg, FL	2,161				3,342,963
Tucson, AZ	2,450				1,063,162
Tulsa, OK	1,488				1,044,757
Virginia Beach-Norfolk, VA-NC	1,308	3,718	2,410	-64.8%	1,787,169
Washington, DC-VA-MD-WV	2,003	4,891	2,888	-59.0%	6,304,975
MAJOR METROPOLITAN AREAS	2,147	11,486	9,338	-81.3%	190,302,622

Derived from Census Bureau data

Major Metropolitan Area: Over 1,000,000 Population as of 2020 Census